

## Thinking Driver

### ***Choosing excessive risk over defensive driving is an attitude***

The Thinking Driver course is the only course that addresses driver attitude in an effective and respectful way. Thinking Driver is interactive. Drivers discuss driving challenges and solutions based on personal motivation and values.

### ***What your employees will learn:***

#### ***The attitudinal side of driving***

- What attitude is and how it affects their driving
- How to shift attitudinal gears from harmful, negative and stressful driving attitudes to positive ones
- How to develop and strengthen positive driving attitudes, values and behaviour
- How risk tolerance changes with emotional states and stress, and how to manage these states to reduce risk
- How to deal with aggression from other drivers and deal with their own aggressiveness and rage
- How to avoid being drawn into competition and confrontational situations while driving

#### ***The 5 Step Thinking Driver Formulas***

1. Think and look ahead
  - How to use proper visual techniques to identify problems early
  - How to develop superior visual search techniques
2. Anticipate hazards
  - How to anticipate traffic movements before they happen
3. Keep your options open
  - How to calculate and evaluate following distance
  - How to deal with tailgaters
  - How to develop a space cushion and keep your options open
4. Manage the risk
  - How to perform a proper risk assessment and make the appropriate decision in order to minimize risk
5. Control with finesse
  - How to brake, accelerate, and steer to balance the vehicle and avoid loss of control

This course appeals to individuals from fleet drivers to daily commuters. It is of special interest to Fleet Supervisors and Managers who are interested in the added benefit that attitude training provides; fuel savings, reduces vehicle abuse and discourtesy resulting in complaints against the drivers.